

Lifelong learning is no longer a luxury, but a necessity for employment.

-Brian Tracy

NATIONAL CAREER DEVELOPMENT MONTH

All across the country, National Career Development Month in November signals a time for students and employees to focus on their future career choices. No matter their age, students in every classroom have an opportunity to explore careers. With every experience, they come closer to discovering a career choice that they will excel at for years to come. And like many of us, it can take several careers to shape the students of today into the professionals of tomorrow.

When it comes to career development, those of us who've been working awhile benefit, too! That's why this month includes students and the entire workforce.

No matter whether you're just starting out or are at the top of your game, career development is a life-long skill. And that's why there are several benefits to participating, too.

- Educators bring vital social and performance skills into the classroom.
- Students build confidence in their future opportunities.
- Educators learn about students' interests.
- Students develop skills that will last a lifetime.
- Professionals hone their skills and advance their careers.
- Over time, employers fill necessary positions.
- Students explore a variety of careers.

When students spend time on career development, they're one step closer to being prepared for their future. Whether they pursue higher education, open their own business or master a skilled trade, career development is a necessary step.



HOW TO OBSERVE #CareerDevelopmentMonth

Implement career development programs in your school or business. Invite businesses to join you in developing programs to fill the needs of your community. Try incorporating some of these ideas:

- Host a career fair.
- Assist students and employees of all ages to develop their resumes.
- Offer webinars or online question and answer sessions with business leaders.
- Encourage students to develop a vision board with their goals, people who inspire them, and their skills.
- Match students to job shadow opportunities, internships, and tours.
- Employers, set up a mentor program. Encourage employees to both be mentors and get a mentor.

EMPOWER

CAREER CPR



Register today for this free, virtual, and intensive Job Readiness Bootcamp!

Career CPR (Connect, Prepare, Rise)

The Bay Consortium Workforce Development Board (BCWDB) will be coordinating with the sixteen local Department of Social Services (DSS) in the BCWDB service area to offer Job Readiness Boot Camps to SNAP recipients. BCWDB will contract with Rappahannock Community College (RCC) to facilitate the week-long Job Readiness Boot Camps. The Job Readiness Boot Camp will be offered virtually with loaner laptop and mobile hot spots available to participants who may need them. It is anticipated that at least five SNAP recipients will be enrolled in each Job Readiness Boot Camp session. Potential participants will be targeted through local DSS referrals, flyers, and mailings.

The Job Readiness Boot Camps will engage participants in critical job readiness skills (soft skills), digital literacy, and nutritional awareness to increase their self-sufficiency, enhance their opportunities in an ever-changing job market, and to lead a healthy life style.

Available Camp Dates

- Camp 1: Monday-Friday, 10/25 to 10/29, 10am to 12pm
- Camp 2: Monday -Friday, 11/1 to 11/5, 10am to 12pm
- Camp 3: Monday-Friday, 11/8 to 11/12, 4pm to 6pm
- Camp 4: Monday-Friday, 11/15 to 11/19, 10am to 12pm
- Camp 5: Monday-Friday, 12/6 to 12/10, 10am to 12pm
- Camp 6: Saturdays, 11/6, 11/13, 11/20, 12/4, and 12/11, 10am to 12pm

Visit <https://careercpr.rsvpify.com/> to register online.

Make opportunities

Take the next step.

Contrary to popular belief, great opportunities don't just rely on sheer luck. New jobs, great business ideas, and the right people—you have to develop habits to attract them at the right place, at the right time.

Schedule of Events

Day 1: Vision--You have to see it to be it!

For this module, we will focus on finding the right career path and create an individual plan based on your strengths, interests, work values, and talents! We will talk about your vision for your future and finding your professional passion.

Day 2: Technology--Digital literacy 101

In this module, we will explore basic, user-friendly tools and apps you need to make your career dreams a reality.

Day 3: Career Ready--Work Values and Customer Service

In this module, we will explore work ethics and values, the power of initiative, customer service, and how to create a professional resume.

Day 4: Self-Care and Nutrition

In this module, we will work on developing a plan for work/life balance and how to create spectacular meals quickly on a budget.

Day 5: Ready, Set, Action! --Your personal workplan and graduation

On this final day of bootcamp, we will work on creating your personal action plan, getting you connected to resources for training and education, networking, and follow up. We will have a virtual graduation and all who complete will receive a swag bag of rewards when they return their computer and survey.

- ✓ Education
- ✓ Motivation
- ✓ Preparation
- ✓ Opportunity
- ✓ Work Readiness
- ✓ Encouragement
- ✓ Recognition

Resource Room Availability

Virginia Career Works Fredericksburg Center
Monday-Friday 9:00 am - 4:00 pm
Call 540-513-9182

Virginia Career Works Northern Neck Center
Monday-Friday 9:00 am - 3:30 pm
Call 804-333-4048 ext. 5

Virginia Career Works Eastern Shore Center
By Appointment Only
Call 757-302-2029

[Click Here to See a List of Available Services & Contact Information](#)



To register for the free COVID-19 vaccine, and check your registration status, please check Vaccinate Virginia at:

<https://vaccinate.virginia.gov/>
or call 877-829-4682

Do you have anxiety or stress related to COVID-19?

**Call or text VA COPES, a free and confidential COVID-19 support line:
877-349-6428**

**Monday - Friday 9:00am to 9:00pm
Saturday - Sunday 5:00pm to 9:00pm
Spanish speakers are available.**

VaccineFinder

VaccineFinder helps you find clinics, pharmacies, and other locations that offer COVID-19 vaccines in the United States.

<https://vaccinefinder.org/>

Information Related to COVID-19

If you have lost employment and seek to apply for Unemployment Compensation, please click on this link to apply online at the [Virginia Employment Commission website](#) or call the VEC Customer Contact Center by calling 1-866-832-2363, Monday through Friday 8:30am - 5:00pm.

[Tutorial Video - "How to File an Unemployment Claim on the Virginia Workforce Connection website"](#)

The Workforce Board staff continues to monitor the situation; any updates will be posted to the [BCWDB website](#) and the [Bay Consortium Workforce Development Board Facebook page](#). At this time, prevention, social separation and preparation are the best courses of action, and the BCWDB encourages all customers, staff, and community members to follow the CDC recommended hygiene and social distancing practices.

[Virginia Department of Social Services COVID-19 Resources](#)

Please feel free to contact us with any questions at:

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[Contact us online](#)

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